

## Activities report of the Hand To Hand Fighting Sport Federation of India {HSFI} Concerned period: Year 2024-25

Prepared by: Mr. Pradeep Shinde, President of the Hand To Hand Fighting Sport Federation of India {HSFI},

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### Introduction:

We are pleased to present various reports for the year 2024-25 to our members and concerned stakeholders. These reports have been shared with the members and committee representatives of the Hand To Hand Fighting Sport Federation of India (HSFI), as well as with the President and members of the Hand To Hand Fighting International Federation (HSIF).

This report outlines the key initiatives and actions undertaken by the HSFI to support State Associations and athletes across India, ensuring the growth and development of hand-to-hand fighting as a competitive sport.

January 2024:

### Hand-to-Hand Fighting Sport Workshop with International Masters Phagwara, Punjab

The 2nd HSFI National Hand-to-Hand Fighting Sport (Fight and Self-Defense Discipline) Workshop for the year 2024 concluded with great success and acclaim. Held from **January 5 to 10, 2024**, at **Lovely Professional University (LPU), Phagwara, Punjab**, this event brought together participants from across the country for an intense and immersive learning experience.

Organized by the **Hand-to-Hand Fighting Sport Federation of India (HSFI)**, the workshop aimed to **promote the growth and development** of hand-to-hand fighting as a sport while enhancing the skill sets of athletes, coaches, and trainers at various levels.

#### International Expertise & Participation

The event witnessed the participation of **athletes, coaches, trainers, and enthusiasts**, who had the unique opportunity to learn from internationally renowned coaches from **Uzbekistan**, including **Master Sukhrob Yusupov, Master Djasur, Master Nazirzon**, and their two assistants.

#### Workshop Highlights

The 2nd HSFI National Hand-to-Hand Fighting Sport Workshop featured a diverse range of **activities and training sessions** tailored to participants' varying skill levels.

#### ✓ Expert-Led Training Sessions

- Renowned coaches conducted **intensive training sessions**, covering advanced techniques, physical conditioning, and combat strategies.
- Participants received hands-on experience and invaluable insights from international experts.

#### ✓ Workshops & Seminars

- Interactive workshops and seminars provided a deeper understanding of hand-to-hand fighting.
- Topics included **strategy, mental toughness, injury prevention, and nutrition**, with experts sharing their insights.



### ✓ Competitive Demonstrations

- Spectators enjoyed **high-energy, action-packed demonstrations**, showcasing the techniques and skills learned during training.
- These exhibitions highlighted the **precision, athleticism, and sporting spirit** of participants.

### ✓ Networking & Camaraderie

- The event fostered an **environment of collaboration**, allowing participants to **network with like-minded individuals** and build strong connections within the sport.
- The shared passion for hand-to-hand fighting strengthened the **community and sense of sportsmanship** among attendees.

### Acknowledgments & Gratitude

The success of the **2nd HSFI National Hand-to-Hand Fighting Sport Workshop** was a result of the **dedication and hard work** of the organizing committee, participants, trainers, and volunteers. The event not only provided **valuable learning experiences** but also served as an **inspiration and motivation** for individuals to continue their journey in the sport.

The **Hand-to-Hand Fighting Sport Federation of India (HSFI)** extends its **sincere gratitude** to all those who contributed to the event's success, including:

- **Participants & Trainers** for their enthusiasm and commitment
- **Lovely Professional University (LPU)** for hosting the event
- **Organizers & Volunteers** for their hard work
- **The Local Community** for their support

This workshop marks another **significant step forward** in the promotion of **hand-to-hand fighting in India**, strengthening the foundation for future growth and development in the sport.



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## ❖ 2nd HSFI AGM Successfully Concluded at Lovely Professional University, Punjab

The 2nd HSFI Annual General Meeting (AGM) was successfully held at the Lovely Professional University (LPU) Sports Complex, Punjab, with the participation of representatives from 16 states.

### ❖ Key Discussions & Leadership

The meeting was chaired by Mr. Pradeep Shinde (President, HSFI) and convened by Dr. Santosh Kumar Rao (General Secretary, HSFI). Discussions centered on:

- ✓ The current status of HSFI
- ✓ The strategic roadmap for the next three years
- ✓ Plans to further advance Hand-to-Hand Fighting Sport in India

### ❖ International Presence & Recognition

A significant highlight of the AGM was the presence of Mr. Master Sukhrob Yusupov (General Secretary, Uzbekistan), who:

- ✓ Shared insights into the priorities of the international federation
- ✓ Extended congratulations on the inclusion of Hand-to-Hand Fighting Sport in the Asian Youth Games—a major milestone for the sport

### ❖ Conclusion & Future Outlook

The meeting concluded with a vote of thanks and best wishes the meeting concluded with a vote of thanks and best wishes delivered by Dr. Santosh Kumar Rao (General Secretary, HSFI).

HSFI is committed to implementing the discussed initiatives and furthering the growth and recognition of Hand-to-Hand Fighting Sport at both national and international levels.



. February 2024:

## 🚩 Historic Founding Conference of the Asian Hand-to-Hand Fighting Federation (AHF) in Tashkent

On February 25, 2024, the **first founding conference** of the Asian Hand-to-Hand Fighting Federation (AHF) was successfully held in Tashkent, Uzbekistan.

### ❖ Key Leadership Appointments

During the conference, significant leadership appointments were made:

- ✓ Mirzakulov Bakhtiyor, the First Vice-President of the International Judicial Forum, was elected as the **President of AHF**.
- ✓ Irgashev Khusan was appointed as the **Head of the Asian College of Judges**.

### ❖ A Milestone for Hand-to-Hand Fighting in Asia

The conference was held under the leadership of **Honorable Grand Master Astakhov Sergey, President of the Hand-to-Hand Fighting International Federation (HSIF)**. This marks a historic moment in the expansion and institutionalization of **Hand-to-Hand Fighting Sport across Asia**.

The establishment of AHF is expected to **enhance the sport's governance, promote regional competitions, and strengthen international collaboration**.

HSFI extends its congratulations to the newly appointed leaders and looks forward to active participation in the development of **Hand-to-Hand Fighting Sport in Asia**.

### ❖ The AFRB Presidium included representatives from 16 countries:

Bakhtier Mirzakulov, Uzbekistan	Shinde Pradeep Prakash, India	Ammar Omari, Jordan	Abbas Zandi, Iran
Daulet Temirkhanov , Kazakhstan	Bakhtierjon Masadikov, Kyrgyzstan	Rabi Daoud, Lebanon	Onalbek Khavshan, Mongolia
Rehman Zia Ur, Pakistan	Sergey Myasoedov, Russia	Farhod Akhmedzhanov Tajikistan	Oleg Kabalinov, Thailand
Akhmet Khanov, Turkmenistan	Yasin Khalki, Afghanistan	Park Woojin, South Korea	Craik Kazuhiro, Japan





#### 🇮🇳 March 2024 :

The HSFI National Referee Exam for the state of Maharashtra was successfully held on March 29, 2024, at Amdar Niwas, Nagpur.

##### ❖ Supervision & Leadership

The exam was conducted under the expert supervision of:

- ✓ Master Pradeep Shinde, President, HSFI
- ✓ HSFI Chief Referee Rahul Meshram

Their **guidance and expertise** ensured a **smooth and professional evaluation process**, helping aspiring referees enhance their understanding of **Hand-to-Hand Fighting Sport officiating standards**.

##### ❖ Strengthening the Officiating Community

This examination marked an **important step** in strengthening the **refereeing standards** in Maharashtra, ensuring that officials are **well-trained, knowledgeable, and capable** of maintaining the highest level of fairness and discipline in the sport.

👏 **Congratulations** to all participants for their dedication and commitment to excellence in officiating!

HSFI remains committed to **developing and expanding a skilled referee network** across India, ensuring the continued growth and credibility of **Hand-to-Hand Fighting Sport**.





✚ April 2024 :

### ✚ Hand-to-Hand Fighting Sport World Self-Defense Championship & "Friendship Cup" 2024

The Hand-to-Hand Fighting Sport World Championship (Junior & Cadet) and "Friendship Cup" (Adults – Male & Female) took place from April 26 to 28, 2024, in Moscow, Russia.

#### ❖ Indian Team's Remarkable Performance

India was proudly represented by a team of three players and one official at the Hand-to-Hand Fighting Sport World Self-Defense Championship (Junior & Cadet). The Indian athletes showcased exceptional skill and determination:

- ❖ Abhijot Singh – Bronze Medal (3rd Place)
- ❖ Amanat Singh – Bronze Medal (3rd Place)
- ❖ Jujhar Singh – Silver Medal (2nd Place)

Their dedication, hard work, and perseverance led them to well-deserved podium finishes in this prestigious world championship. Congratulations to the athletes for making India proud! Keep striving for excellence in your sport!

#### ❖ Championship Organization & Live Broadcast

The Hand-to-Hand Fighting Sport World Self-Defense Championship (Junior & Cadet) was meticulously designed, set up, and organized by the Moscow Hand-to-Hand Fighting Sport Federation's organizing committee.

The event was broadcast live on Facebook, H2H Fight TV, and YouTube, allowing a global audience to witness the incredible displays of skill, strategy, and sportsmanship.

#### ❖ A Benchmark for Future Events

Participants and viewers praised the 2024 World Self-Defense Championship and Friendship Cup as an exceptional and world-class event. Many confirmed that the Moscow edition set a new standard for future hand-to-hand fighting competitions worldwide.



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### ❖ Gratitude & Acknowledgments

A heartfelt thank you to the Hand-to-Hand Fighting Sport International Federation (HSIF) and its dedicated staff for their unwavering support and active collaboration in making this event a grand success.

The future of Hand-to-Hand Fighting Sport continues to shine bright on the international stage!



✚ May 2024

## ✚ Heartfelt Gratitude for the Successful Completion of the (North East Zone ) Workshop

We extend our **deepest gratitude** to the **organizers, participants, sponsors, and supporters** who contributed to the **resounding success** of this workshop. Your unwavering commitment to **promoting sports and athleticism** in the region is truly commendable.

### ❖ Special Recognitions

- ✓ **Shri Debajit Gogoi** (General Secretary, HSFI-Assam **Hand-to-Hand Fighting Sport** Association)  
A **dynamic organizer** and **skilled martial artist**, Shri Debajit Gogoi played an invaluable role in **bringing the Northeast together** through this event. His dedication and efforts have significantly contributed to the **growth of Hand-to-Hand Fighting Sport** in the region.
- ✓ **Shri Pratha Sarthi Mahanta, IPS (IGP Assam Police)**  
We extend our sincere gratitude to **Shri Pratha Sarthi Mahanta** for gracing us with his presence and for taking on the **prestigious responsibility** of **President of the Hand-to-Hand Fighting Sport Assam State Association**. His leadership will undoubtedly **propel the sport to new heights** in Assam and the Northeast.
- ✓ **HSFI Trainers – Mr. Amit Pandey & Markio Talu**  
A **special thanks** to our **dedicated trainers**, Mr. Amit Pandey and Markio Talu, for their **tireless efforts** in guiding participants throughout the workshop. Their expertise and mentorship played a vital role in the event's success.

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### A Tribute to Northeast India

*"Seven sisters, one soul,  
We stand together, as a whole.  
Diversity in culture as well as nature,  
It's one of the earth's beautiful creatures.*

*From the beauty of hills to the tranquility of plains,  
The view of wildlife is mesmerizingly insane.  
They call us unique, they call us different,  
But we sing the same national anthem and salute the same national flag.*

*We may be aside, but we aren't apart,  
Yes, we are from NORTHEAST INDIA, and it's an inevitable part."*

♥ Thank you all for your dedication and support! Together, we continue to **strengthen the spirit** of sportsmanship and unity.

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### ❖ Acknowledging the Successful Completion of the HSFI Referee Seminar

We are delighted to announce the successful completion of the HSFI Referee Seminar, conducted by Rahul Meshram, National Chief Referee.

#### ✓ A Comprehensive Learning Experience

The seminar provided valuable insights and enhanced the understanding of refereeing, ensuring that all participants gained the skills and knowledge required to uphold the highest officiating standards.

#### ✓ Leadership & Expertise

Under the expert guidance of Rahul Meshram, participants experienced an enriching and in-depth training session, further strengthening the quality and professionalism of refereeing within the HSFI community.

🎉 Congratulations to everyone involved! Your dedication to excellence in officiating is truly commendable.





## July 2024

### HSFI - National Hand-To-Hand Fighting Sport Championships 2024

**Event Overview:** The 4th Children, Cadet, and Younger (Discipline: Fight) and 4th Adult Male/Female (Discipline: Self-Defense) National Hand-To-Hand Fighting Sport Championships were successfully organized by the Hand-To-Hand Fighting Sport Association, Madhya Pradesh. The event was held on **27-28 July 2024 at Ashok Nagar, Madhya Pradesh**, under the direct supervision of President Pradeep Shinde and Secretary General Dr. Santosh Kumar Rao, with technical arrangements led by Rahul Meshram, Chairman of the Technical Committee and a member of the Board of Directors of the Hand-To-Hand Fighting Sport Federation of India.

- ✓ **Participating States and Athletes:** A total of 16 states from five zones of India participated in the championship, with 350 athletes competing in both Fight and Self-Defense disciplines. The participating states included:

✚ Arunachal Pradesh	✚ Bihar	✚ Chandigarh	✚ Delhi
✚ Gujarat	✚ Haryana	✚ Jammu and Kashmir	✚ Maharashtra
✚ Madhya Pradesh	✚ Odisha	✚ Punjab	✚ Rajasthan
✚ Uttar Pradesh	✚ Uttarakhand	✚ Assam	✚ West Bengal

Athletes from different states represented their regions with great enthusiasm, contributing to the spirit of sportsmanship and competitive excellence.

#### ✓ Medals Ranking:

The final medal tally saw **Uttar Pradesh** securing third place in the combined styles ranking, following **Arunachal Pradesh** in first place and **Maharashtra** in second place for the **Discipline: Fight (Children's & Cadet – Boys & Girls)**.

The final medal tally saw **Bihar** securing third place in the combined styles ranking, following **Uttar Pradesh** in first place and **Madhya Pradesh** in second place for the **Discipline: Self-Defense (Younger & Adults – Men & Women)**. States from all five Indian zones—West, East, South, North, and Northeast—had strong representation across various competition styles.

#### ✓ Event Management & Organization:

The championship's Field of Play (FOP) was designed, set up, and managed by the Hand-To-Hand Fighting Sport and Welfare Association Madhya Pradesh, under the leadership of General Secretary Mr. Brajesh Dhurainte. The competition spanned two days and concluded successfully on the evening of July 28, 2024, with a farewell dinner for all participants.

**Acknowledgment:** A special note of gratitude is extended to the Hand-To-Hand Fighting Sport Association Madhya Pradesh and its dedicated staff for their active collaboration and efforts in making the event a grand success.



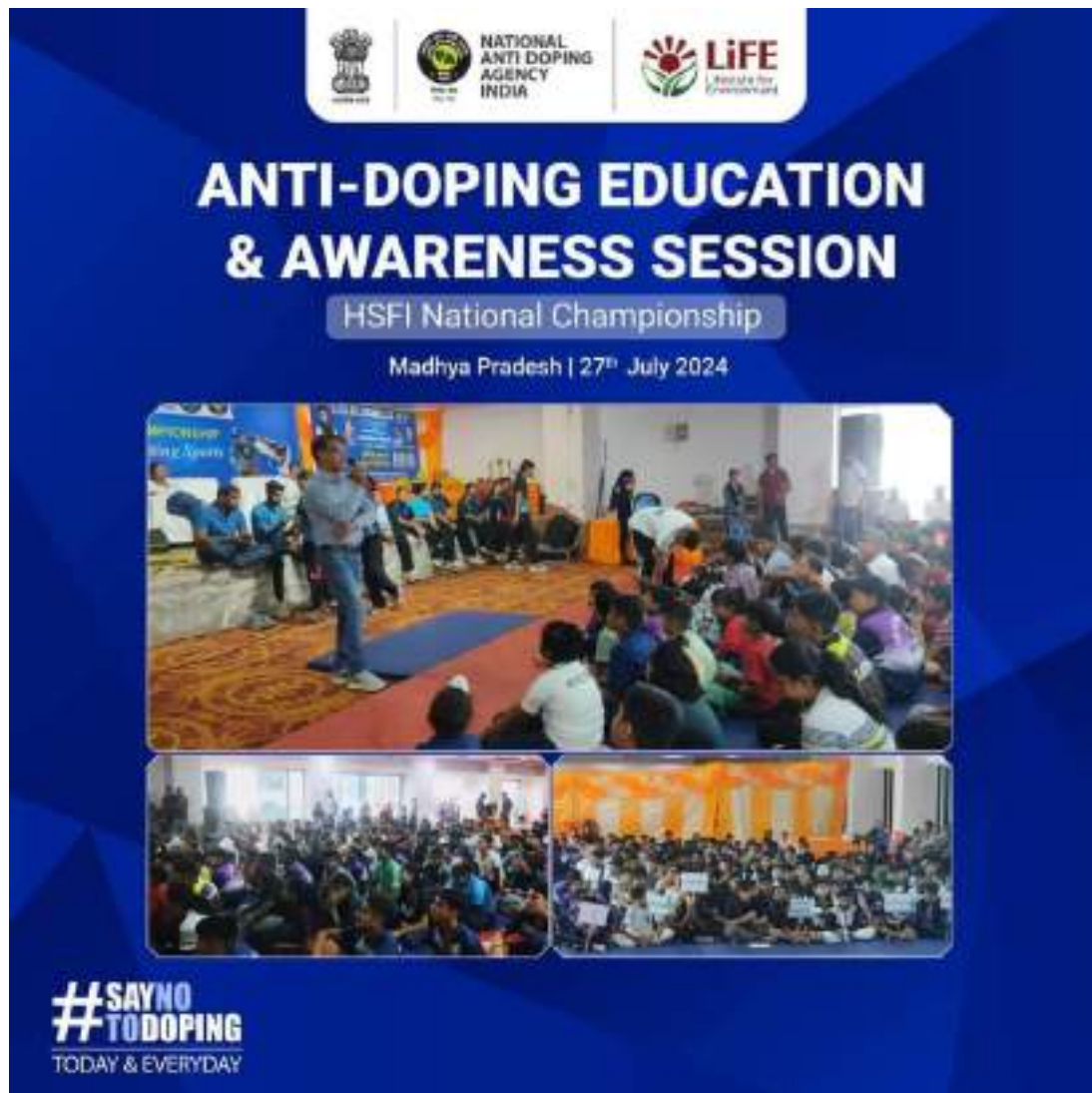
**Inauguration Ceremony:** The 4th National Championship 2024 for Hand-To-Hand Fighting Sport (RUKOPASHNY BOI) was inaugurated in a grand ceremony attended by distinguished guests, including:

- **Hon'ble Chief Guest:** Shri Shrimat Maharaj Jotiraditya Sindhiya Ji
- **President ,HSFI :** Shri Pradeep P. Shinde
- **Gen. Secretary HSFI:** Dr. Santosh Kumar Rao

The event was marked by high energy, excellent performances, and the true spirit of sportsmanship, making it a memorable competition for all involved.

## **HSFI National Anti-Doping Awareness Camp 2025**

**National Anti-Doping Awareness Camp Successfully Completed by NADA** As part of the event, the **National Anti-Doping Awareness Camp**, organized by the **National Anti-Doping Agency (NADA)**, was successfully conducted. The camp aimed to educate athletes and coaches on the importance of fair play, the risks associated with doping, and the guidelines for maintaining a drug-free sports environment. Participants benefited from expert sessions, interactive discussions, and awareness materials to reinforce ethical sports practices.



## ❖ NATIONAL Championship – Gallery





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Medal Tally Discipline Self-Defense Younger & Adults – Men & Women				
Rank	State Name	Gold	Silver	Bronze
1 <sup>ST</sup>	ARUNACHAL PRADESH	5	2	5
2 <sup>ND</sup>	MAHARASHTRA	5	1	4
3 <sup>RD</sup>	UTTAR PRADESH	3	6	5
4 <sup>TH</sup>	HARYANA	3	2	1
5 <sup>TH</sup>	BIHAR	2	4	2
6 <sup>TH</sup>	ASSAM	2	3	2
7 <sup>TH</sup>	CHANDIGARH	2	1	4
8 <sup>TH</sup>	MADHYA PRADESH	2	0	2
9 <sup>TH</sup>	UTTARAKHAND	1	1	2
10 <sup>TH</sup>	ODISHA	1	0	1
11 <sup>TH</sup>	WEST BANGAL	0	2	1
12 <sup>TH</sup>	RAJASTHAN	0	2	0
13 <sup>TH</sup>	JAMMU AND KASHMIR	0	1	1
14 <sup>TH</sup>	DELHI	0	0	1
15 <sup>TH</sup>	PUNJAB	0	0	0
16 <sup>TH</sup>	GUJARAT	0	0	0

Medal Tally – Discipline Fight Children's & Cadet – Boys & Girls				
Rank	State Name	Gold	Silver	Bronze
1 <sup>ST</sup>	UTTAR PRADESH	10	8	4
2 <sup>ND</sup>	MADHYA PRADESH	9	9	11
3 <sup>RD</sup>	BIHAR	6	1	1
4 <sup>TH</sup>	MAHARASHTRA	5	2	1
5 <sup>TH</sup>	UTTARAKHAND	4	3	1
6 <sup>TH</sup>	ODISHA	3	6	5
7 <sup>TH</sup>	ASSAM	2	2	1
8 <sup>TH</sup>	CHANDIGARH	1	4	3
9 <sup>TH</sup>	HARYANA	1	1	1
10 <sup>TH</sup>	JAMMU AND KASHMIR	1	1	0
11 <sup>TH</sup>	DELHI	1	1	0
12 <sup>TH</sup>	PUNJAB	0	0	2
13 <sup>TH</sup>	GUJARAT	0	0	1
14 <sup>TH</sup>	WEST BANGAL	0	0	1
15 <sup>TH</sup>	RAJASTHAN	0	0	1
16 <sup>TH</sup>	ARUNACHAL PRADESH	0	0	0



 September 2024

## Successful Completion of Invitational National Hand-to-Hand Fighting Sport Workshop in Bhubaneswar, Odisha

The Invitational HSFI Hand-to-Hand Fighting Sport Workshop was successfully held in Bhubaneswar, Odisha, from September 28 to 30, 2024. The event witnessed enthusiastic participation, with 55 players from Odisha actively engaging in the sessions.

### ❖ Expert-Led Training & Supervision

The workshop was conducted by the HSFI Coaching Commission, led by:

- ✓ Rahul Meshram (National Chief Referee)
- ✓ Amit Pandey (National Coach)

The event was held under the **guidance** of Master Pradeep Shinde, President of the National Hand-to-Hand Fighting Sport Federation (HSFI), ensuring a **high-quality** and structured learning experience for all participants.

### ❖ Organizing Committee & Special Recognitions

The **successful organization** of the event was made possible by the dedicated efforts of:

- ✓ Mrs. Sabita Baskey (General Secretary, HSFAO)
- ✓ Mr. Jadu Hansda (HSFAO Representative)
- ✓ Mr. Abhimanu Barik (President, HSFAO)

👏 Special thanks to Tapan Mandal, Jitendra Jaiswal, Pradeep Kandi, and Naresh Hansda for their unwavering support and presence.

### ❖ Promoting Hand-to-Hand Fighting Sport Nationwide

This workshop served as a **crucial initiative** to **promote Hand-to-Hand Fighting Sport** in Odisha and across India. By **enhancing the skills** of participants and fostering a **culture of discipline and excellence**, HSFI continues to expand the reach and recognition of the sport at a **national level**.

🎉 **Congratulations** to all participants and organizers for making this event a **remarkable success!** We look forward to **many more** such initiatives in the future.





🇮🇳 October 2024

🇮🇳 India's Triumph at the World Hand-To-Hand Fighting Sport Championship 2024  
Bukhara, Uzbekistan – October 11-13, 2024

India marked a historic achievement at the **World Hand-To-Hand Fighting Sport Championship 2024**, held in Bukhara, Uzbekistan, by securing four prestigious medals. This remarkable feat showcased the unwavering dedication, skill, and sportsmanship of Indian athletes on an international platform.

The championship witnessed participation from elite competitors across the globe, making the event highly competitive and intense. India's athletes displayed exceptional resilience, tactical prowess, and determination, earning accolades and respect from the global sporting community.

✓ **Key Highlights:**

- **Medal Achievement:** India clinched four medals, demonstrating its growing prominence in the sport.
- **Winners and Medals:**
  - **Bronze Medal:** Harsh Sonar
  - **Bronze Medal:** Himadri Mohan
  - **Bronze Medal:** Labhanuj Borgohain
  - **Bronze Medal:** Kabyajyoti Patowary
- **Refereeing Excellence:** Mr. Debjit Gogoi successfully completed the **International Referee Seminar**, enhancing India's representation in the officiating domain.
- **Inspiration and Support:** Mr. Bhabajyoti Goswami, Joint Secretary of Assam Olympic Association attended the event, providing motivation and support to the Indian contingent.
- **Leadership Contribution:** Mr. Pradeep Shinde, representing the **National Hand-To-Hand Fighting Sport Federation (HSFI)**, played a crucial role in guiding and mentoring the athletes.

This outstanding performance is a testament to India's progress in Hand-To-Hand Fighting Sport, reflecting years of rigorous training and dedication. The achievement at this global championship not only brings pride to the nation but also paves the way for future aspirants in the sport.

With continuous support from the federation, coaches, and sports enthusiasts, India is poised to make even greater strides in the international sporting arena. This success serves as an inspiration for emerging athletes, reinforcing India's position as a formidable force in Hand-To-Hand Fighting Sport.







## 📅 November 2024

## 📅 India's Performance at the World Cup Final – Astana, Kazakhstan (20-23 November 2024)

The HSFI India team proudly participated in the prestigious **World Cup Final**, organized by the **Kazakhstan Ministry of Defense** held in **Astana, Kazakhstan**, further solidifying India's presence in the global Hand-To-Hand Fighting Sport community.

### ✓ Event Highlights:

- **Special Dinner:** The **Kazakhstan Ministry of Defense Honourable Colonel** arranged a special dinner for all country representatives, fostering camaraderie and international goodwill.
- **Special Thanks:** A heartfelt appreciation to **Mr. Abikeshev Rinat** and **Master Kairbaev Adil**, along with **Honourable Grand Master Astakhov Sergey**, President of HSIF (IF), for their invaluable support.
- Thanks to **Master from Kazakhstan** and **Master Djasur from Uzbekistan** for teaching self-defense techniques to Indian athletes.
- Special thanks to **Master Kuftin** for conducting referee training.
- **Mind-blowing Arrangement & Welcome:** The event featured a grand welcome at the airport, with special care provided to all national teams by Airport Authority Officers and the Kazakh Army.
- **Team Composition:** 13 athletes, 1 coach (**Mr. Tassar Tite**), and referees **Mr. Rahul Meshram** and **Mr. Debajit Gogoi** represented India at the championship.
- **Refereeing Excellence:** **Mr. Amit Pandey** successfully passed the **New Referee Exam**, enhancing India's officiating standards.
- **Medal Achievement:** Team India secured **2 Bronze Medals**, showcasing their skill and perseverance on an international platform.
- **Winners and Events:**
  - **Bronze Medal:** *Sashanka Gogoi – Assam (India)*



○ **Bronze Medal: Bamang Tabang – Arunachal Pradesh (India)**

India's participation in the World Cup Final reflects the growing strength of the sport in the country. The hard work and dedication of the athletes, coaches, and officials have paved the way for future success.

With continued support from the federation and rigorous training, India is poised to achieve greater milestones in the global Hand-To-Hand Fighting Sport arena.



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## 🚩 Closing Statement by Master Pradeep Shinde

Master Pradeep Shinde, representing HSFI, expressed his immense pride in the Indian contingent's performance at the HSIF International Events. He commended the athletes for their unwavering determination, the coaches for their strategic guidance, and the referees for upholding the highest standards of officiating. He emphasized HSFI's commitment to furthering the growth of Hand-To-Hand Fighting Sport in India through rigorous training, international exposure, and continuous development programs.

HSFI Activities Report 2024-25



## HSFI Activities Report 2024-25

HSFI has been actively working towards the expansion and enhancement of Hand-To-Hand Fighting Sport in India. The 2024-25 season includes:

**National & International Participation:** Increased representation in global tournaments to elevate India's standing in the sport.

**Training & Development:** Conducting specialized training camps for athletes and referees to enhance skills and competitive readiness.

**Grassroots Initiatives:** Introducing Hand-To-Hand Fighting Sport in schools and colleges to nurture young talent.

**Collaboration with International Bodies:** Strengthening ties with global organizations to bring advanced techniques and best practices to Indian athletes.

**Awareness & Outreach:** Promoting the sport through workshops, exhibitions, and digital platforms to attract a broader audience.

Master Pradeep Shinde reaffirmed HSFI's dedication to fostering excellence in the sport, ensuring that India continues to shine on the international stage.



## Upcoming National Calendar 2025-26

The **Hand-To-Hand Fighting Sport Federation of India (HSFI)** has meticulously planned the **2025-26 National Calendar**, aiming to expand opportunities for athletes, coaches, and referees across the country. The upcoming season will feature a variety of events to develop talent and promote the sport at multiple levels.

### ✓ Key Events & Championships:

- **National Championships:** Major national-level competitions across multiple states, providing a platform for elite athletes to showcase their skills.
- **Zonal Tournaments:** Regional events in North, South, East, West, and Northeast zones to identify and nurture emerging talent.
- **State-Level Championships:** Strengthening competition at the state level to create a pathway for national and international representation.

### ✓ Training & Development Programs:

- **National Coaching Camps:** Intensive training sessions to enhance athlete performance and preparedness for global events.
- **Referee & Coaching Seminars:** Workshops aimed at improving officiating standards and coaching methodologies.
- **Self-Defense Awareness Programs:** Special training camps to promote self-defense techniques among youth and women.
- **Specialized Training Camps:** Sessions conducted by international experts to elevate the skill level of Indian athletes.

### ✓ International Participation & Collaborations:

- **Participation in Global Championships:** Ensuring Indian athletes compete in prestigious international tournaments.
- **Joint Training Programs:** Collaborations with foreign federations to introduce advanced techniques.
- **Exchange Programs:** Opportunities for Indian athletes and coaches to train abroad and gain global exposure.

*The **HSFI** remains committed to strengthening the Hand-To-Hand Fighting Sport ecosystem in India and fostering a new generation of skilled athletes, referees, and coaches. The **2025-26 season** promises to be a milestone year in the continued growth and recognition of the sport on both national and international platforms.*



# HSFI Calendar 2025-26

## National Hand to Hand Fighting Sport Championship 2025

5<sup>th</sup> Children's / Cadet Boys & Girls / Younger Men & Women And 4<sup>th</sup> Adults – Male & Female

**09-11 MAY 2025**  
**Jodhpur, Rajasthan**

## All State Training Seminar

June to August 2025

## "Federation Cup 2025"

Haridwaar, Uttarakhand  
September 2025

## National Absolute Championship 2025

-73kg, +73 kg Male / +58 kg Female  
October 2025

## Technical Workshop 2025 With International Master

November 2025

## HSFI - National R1 and Champion League 2025 Male / female

November 2025

